

Alter Simpel



- seit 1903 -

Food Menu



## **Artists' pub and gastro institution, with young Bavarian-international cuisine, piano, art exhibitions, game nights and more**

When Kathi Kobus moved from the Dichtelei to Türkenstrasse 57 with her regular guests – headed by Frank Wedekind – on Walpurgis Night 1903, she lacked an attractive name for the new restaurant. It was not a bad idea to attach itself to the title of the satirical magazine "Simplicissimus", which had been published with great resonance since 1886, and to simplify it into "Simpl". The Simplizissimus illustrator Th. Th. Heine also gave her his teeth-baring mastiff, which now no longer breaks the chains of censorship, but opens a bottle with sharp teeth...

Soon the entire scene of the time – called Boheme – was at home in the new artists' pub, ruled by the energetic Kathi, who gathered a court of artists, thinkers, writers, alternatives and established people around her, whereby certain rivalries could not be avoided, which often degenerated into hearty brawls.

They drank heavily and feasted modestly - especially in the years of hunger during and after the 1st World War. The barefoot Countess Reventlow, who understood Schwabing and the rest of the world as "Wahnmoching", gave the motto for the established or only later famous regulars such as Erich Mühsam, Max Dauthendey, Franz Blei, Albert Weisgerber, Oskar Maria Graf, Max Halbe, Joachim Ringelnatz, Ludwig Scharf and all mere mortals who enjoyed themselves in the splendour of the celebrants.

This remained the case in the coming decades with the various Simpl landlords such as Theo Prosel and above all the landlady Toni Netzle, who has been highly active since 1960, who for a long time succeeded in gathering a colourful mix of artists, political celebrities and chic in the restaurant, which has now become an institution.

Today, the "Simpl" is filled with new life.

The photos of his predecessors and their famous guests still hang on the wood-panelled walls, but in front of them today a colourful mix of Schwabingers, the young at heart, students, and those who feel like stopping off at the now red-pink inn - reminiscent of earlier colour scheme - are enjoying themselves.

Today, the Old Simpl is once again in "women's hands". Two friends, mothers of 3 and jack-of-all-trades now run the shop. Sina is your landlady, managing director and has many years of gastro experience. Eva provides support in the background and primarily takes care of art and culture. Together they want to make the "Simpl" an inn where people like to meet, get to know people, and maybe also get inspired and inspired.



## **GOOD – REGIONAL – ANIMAL WELFARE CONSIDERED**

Our goal at the Alter Simpl is to offer you as regional and animal welfare-conscious a menu as possible at the fairest possible prices.

This is not yet working in every place, but we are working on it and want to keep improving. So we look forward to your feedback!

- We obtain most of our meat and meat products from the Ott butcher's shop in Garching, which supplies us with our meat from farmers in the region.
- Again and again we manage to get beef from our friend, the mountain farmer Seppi from the Sockhof in Oberaudorf, which is then specially designated.
- Our pork comes from straw pigs. This means that the pigs are kept on straw in a species-appropriate manner and have at least 40% more lying space than required by law.
- We get the wine from Eva's father-in-law and come from Germany, Austria and South Tyrol.
- The vegan meat alternatives come from the Munich-based company Greenforce
- Bread is brought to us by the local bakery Brotzeit
- Our trout come from the Nadler trout farm in Eching
- We source our vegetables, eggs and (mostly) our dairy products from Frucht Feldbrach in Taufkirchen



## SOUPS

### Hearty pumpkin and ginger soup 🍂

with pumpkin seed oil and roasted pumpkin seeds <sup>h</sup>

7,90

## STARTERS & SNACKS

### Obazda 🍂

with pickles, red onions and pretzels <sup>2, a1, g</sup>

8,20

### White sausages (🍂V)

two pieces with sweet mustard and pretzels <sup>a1, k</sup>

also as a vegan 🍂 alternative from Greenforce (3 pieces) <sup>a1, k</sup>

8,70

### Sausage salad

Bavarian with pickles and red onions <sup>k</sup>

or Swiss version, additionally with mountain cheese <sup>k, g</sup>

11,80

12,80

### Bavarian snack board for two

with spicy pepper sausage, meatballs, mountain cheese & bacon, Obazda, radishes, pickles, butter and country bread <sup>11, a1, c, g, i, k</sup>

17,40

## SALADS

### Side salad 🍂V

mixed salad with tomatoes, cucumbers

4,80

### Grilled goat cheese 🍂

on mixed salad with caramelized walnuts and pomegranate slivers, served with lime dressing <sup>h3, g</sup>

15,50

### Autumnal pumpkin salad with quinoa and feta 🍂

Pumpkin wedges, colorful lettuce, quinoa, feta, herb mustard dressing, roasted pumpkin seeds and pomegranate <sup>g,h,k</sup>

15,50

### Bavarian fried chicken salad

Crispy fried chicken with salad or optionally with potato salad <sup>a1,c</sup>

16,40



## "SIMPL" CLASSICS

<b>Ham noodles (🍴)</b>	12,80
the old Simpl classic, or optionally vegetarian now with Greenforce ham <sup>a1, c, g</sup>	
<b>Curry sausage (🍴V)</b>	12,80
with our homemade sauce and French fries <sup>k</sup> , also as a vegan alternative from Greenforce <sup>2</sup>	
<b>Meatballs with potato and cucumber salad</b>	13,40
homemade meatballs with our potato and cucumber salad <sup>a1, c</sup>	
<b>Simpl Burger</b>	15,40
Simmental beef patty with lettuce, tomato, red onions homemade sauce and French fries	
optionally additionally with cheddar, bacon, jalapenos <sup>11, a1, c, k</sup>	each plus 1.20
or instead of fries with cauliflower BBQ "Wings" <sup>a1, f, k</sup>	plus 6.80
<b>Schnitzel Viennese style</b>	17,40
by a straw-fed pig made in clarified butter with fried potatoes or French fries and cranberries <sup>a1a1, c, g</sup>	
smaller Portion <sup>a1, c, g</sup>	13,90
<b>Alm Schnitzel</b>	17,40
Chicken breast escalope (natural) with cream sauce and spaetzle <sup>a1, c, g, k</sup>	
<b>Roast pork</b>	18,90
by a straw-fed pig with dark beer sauce, potato dumplings, bacon, and coleslaw <sup>1, c, g, 11</sup>	
smaller portion <sup>a1, c, g, 11</sup>	14,90
<b>1/4 oven-fresh duck</b>	22,80
with potato dumplings, red cabbage and roast jus <sup>a1, g</sup>	
<b>Onion beef rump roast</b>	24,80
with onion sauce, fried onions and spaetzle <sup>a1, c, g, k</sup>	

## SUPPLEMENTS

French fries • Fried potatoes • Dumplings/spaetzle with sauce <sup>a1, c, g</sup> • Potato and cucumber salad <sup>k</sup> • Bacon coleslaw <sup>a1, c, g, 11</sup>	4,80 each
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## "SIMPL" VEGAN & VEGETARIAN

<b>Cauliflower BBQ "Wings" 🍴V</b>	10,60
with homemade BBQ sauce <sup>a1, f, k</sup>	
optionally with fried potatoes or side salad <sup>a1, f, k</sup>	14,80
	12,80



**Homemade Reiberdatschi (grated potato pancakes) <sup>1</sup> <sup>2</sup>**

with apple sauce <sup>a1, c</sup> or beetroot apple salad <sup>a1, c, k</sup>

**Greenforce vegan Leberkäs / Meatloaf <sup>1</sup> <sup>V</sup>**

browned with homemade potato and cucumber salad <sup>k</sup>

12,80

**Homemade Allgäuer Kässpätzlen <sup>1</sup>**

with mountain cheese and fried onions <sup>a1, c, g</sup>

additionally with side salad

14,40

18,40

**Greenforce Burger <sup>1</sup> <sup>V</sup>**

with tomato salsa and arugula with French fries <sup>a1</sup>

optionally additionally with cheddar, bacon, jalapenos <sup>11, a1, c, k</sup>

or instead of fries with cauliflower BBQ "Wings" <sup>a1, f, k</sup>

15,40

each plus 1.20

plus 6.80

**DESSERTS**

**Oven-fresh apple strudel**

served with warm vanilla sauce <sup>a1, c, g,</sup>

8,40

**Winter Tiramisu**

with Oranges and Cinnamon <sup>a1, c, g,</sup>

9,80

**Kaiserschmarrn to share in a traditional pan**

with caramelized almonds and raisins, served with apple sauce and stewed plums <sup>a1, c, g</sup>

Please allow approx. 20 minutes preparation time

14,40

**FOR THE LITTLE ONES**

**Robber's plate**

to snack on with the grown-ups

0,00

**Ice cream scoop**

a scoop of vanilla, chocolate, or strawberry <sup>g</sup>

1,80

**Dumplings or spaetzle**

with sauce <sup>a1, c, g</sup>

4,20

**Reiberdatschi**

with applesauce <sup>a1, c</sup>

6,90

**Kinder Schnitzel**


with French Fries <sup>a1, c, g</sup>

9,90



## WIESNSCHMANKERL (OKTOBERFEST MENU)

### *Our menu for the fifth season*

<b>Obazda</b> with pickles, red onions and pretzels <sup>2, a1, g</sup>	8,20
<b>White sausages</b> two pieces with sweet mustard and pretzels <sup>a1, k</sup> also as a vegan  alternative by Greenforce <sup>a1, k</sup>	8,70
<b>Sausage salad</b> Bavarian with pickles and red onions <sup>k</sup> or Swiss additionally with mountain cheese <sup>k</sup>	11,80 12,80
<b>Bavarian snack board for two</b> with spicy pepper sausage, meatballs, mountain cheese & bacon, Obazda, radishes, pickles, butter and country bread <sup>11, a1, c, g, i, k</sup>	17,40
<b>1/2 Wiesn chicken</b> crispy grilled chicken optionally with homemade potato cucumber salad or French fries <sup>1, c</sup>	17,80
<b>1/2 Crispy pork knuckle from straw pig</b> with potato dumplings and coleslaw <sup>a1, c, g, 11</sup>	18,90
<b>1/4 Wiesn duck</b> fresh from the oven with potato dumplings and red cabbage <sup>a1, g</sup>	22,80



#### Legend

🍴 Vegetarian/ V Vegan

1.) Additives1 = with colouring, 2 = with preservative, 3 = with antioxidant, 4 = with flavour enhancer, 5 = sulphurised, 6 = blackened, 7 = with phosphate, 8 = with sweetener, 9 = contains a source of phenylalanine, 10 = waxed, 11 = with nitrite curing salt, 12 = tartrazine (with colouring, can affect the activity and attention of children)

2.) Allergenea = cereals containing gluten [namely a1 = wheat (such as spelt or khorasan wheat), a2 = rye, a3 = barley, a4 = oats, a5 = kamut or hybrid strains thereof and products thereof], b = crustaceans and products thereof, c = eggs and egg products, d = fish and fish products, e = peanuts and peanut products, f = soybeans and soybean products, g = milk and dairy products, h = nuts and nuts products [namely h1 = almonds, h2 = hazelnuts, h3 = walnuts, h4 = cashew nuts, h5 = pecans, h6 = Brazil nuts, h7 = pistachios, h8 = macadamia or Queensland nuts and products made from them], i = celery and celery products, k = mustard and mustard products, l = sesame seeds and sesame products, m = sulphur dioxide and sulphites, n = lupins and lupine products, o= molluscs and mollusc products